



7910 W Jefferson Blvd, Suite 305
Lutheran Hospital Campus

2510 Dupont Road, Suite 210
Dupont Hospital Campus

Phone 260-436-0259 FAX 260-436-0784
Nadine L. Floyd, MD Charles L. Morrison, MD

Enema Prep Instructions

Several days before your appointment, purchase _____ Fleet Enema kits (over the counter) from your pharmacy.

The morning of your procedure or surgery, please administer the enema(s).

Unless otherwise instructed, you do not need to adjust your diet before your procedure.

If you are to have sedation with your procedure, do not eat or drink after _____ am/pm.

You may take your medications with sips of water.

If you have concerns about the adequacy of your prep, arrive a few minutes early and notify the nurse.