

## Two Day Bowel Prep

This prep is often employed for those who cannot drink large volumes of fluid, have severe chronic constipation, or who have in the past had suboptimal results with a standard prep.

1. **Two days prior to the colonoscopy**, start a clear liquid diet starting as described in the attached MIRALAX pre instructions.
2. **Two days prior to the colonoscopy**, at bedtime mix 4 capsules or MIRALAX into two 8 oz glasses of a clear liquid (see MIRALAX instructions for examples).
3. **One the day of prior to the colonoscopy**, follow the instructions of the attached MIRALAX prep instructions.